

activities schedule & descriptions



TIME	MONDAY, AUGUST 12	TUESDAY, AUGUST 13	WEDNESDAY, AUGUST 14	THURSDAY, AUGUST 15	FRIDAY, AUGUST 16	SATURDAY, AUGUST 17
7:00-8:30	WATERFRONT: MORNING SWIM	WATERFRONT: MORNING SWIM	WATERFRONT: MORNING SWIM	WATERFRONT: MORNING SWIM	WATERFRONT: MORNING SWIM	WATERFRONT: MORNING SWIM
	YOGA	YOGA	YOGA	YOGA	YOGA	YOGA

8:30-9:30

B R E A K F A S T

9:30-10:00

R A I N B O W G R O U P M E E T I N G S

TIME	ACTIVITY	ARCHERY	ARCHERY	ARCHERY	ARCHERY	ARCHERY
		10:15-12:15	OPENING CIRCLE & CAMPER GAMES	ART: BOOKBINDING	ART: NEEDLE FELTING	ART: BOOKBINDING
				ART: FIGURE DRAWING		ART: FIGURE DRAWING
		BOWLING	BOWLING	BOWLING	BOWLING	BOWLING
		CANDLEMAKING Sessions @ 10:15am & 11:15am	CANDLEMAKING Sessions @ 10:15am & 11:15am	CANDLEMAKING Sessions @ 10:15am & 11:15am	CANDLEMAKING Sessions @ 10:15am & 11:15am	CANDLEMAKING Sessions @ 10:15am & 11:15am
		CHOIR (Part 1 of 3)	CHOIR (Part 2 of 3)	CHOIR (Part 3 of 3)		
			CROSS STITCH		CROSS STITCH	
		GOLF: CHIPPING RANGE	GOLF: CHIPPING RANGE	GOLF: CHIPPING RANGE	GOLF: CHIPPING RANGE	GOLF: CHIPPING RANGE
		HIKING: SANDERS HILL TRAIL	HIKING: SANDERS HILL TRAIL			
		HORSEBACK RIDING: INTRO. TO RIDING Sessions @ 10:15am & 11:15am		HORSEBACK RIDING: INTRO. TO RIDING Sessions @ 10:15am & 11:15am	HORSEBACK RIDING: INTRO. TO RIDING Sessions @ 10:15am & 11:15am	HORSEBACK RIDING: INTRO. TO RIDING Sessions @ 10:15am & 11:15am
		PICKLEBALL	PICKLEBALL	PICKLEBALL	PICKLEBALL	PICKLEBALL
		POTTERY	POTTERY	POTTERY	POTTERY	POTTERY
	CAMP PHOTO (12:15)	ROPES COURSE: LOW ROPES CAT WALL ROCK WALL	ROPES COURSE: PAMPER POLE TOWER WALL ZIP LINE	ROPES COURSE: BURMA BRIDGE DANGLE DUO GIANT SWING	ROPES COURSE: GIANT SWING PAMPER POLE ZIP LINE	ROPES COURSE: DANGLE DUO LILY PADS ZIP LINE
		SENSORY RESPITE	SENSORY RESPITE	SENSORY RESPITE	SENSORY RESPITE	SENSORY RESPITE
		SEWING: INTRO. TO SEWING	SEWING: INTRO. TO SEWING	SEWING: INTRO. TO SEWING	SEWING: INTRO. TO SEWING	SEWING: INTRO. TO SEWING
		SPIN	SPIN	SPIN	SPIN	SPIN
		STAINED GLASS	STAINED GLASS	STAINED GLASS	STAINED GLASS	STAINED GLASS
		TENNIS	TENNIS	TENNIS	TENNIS	TENNIS
		THEATRE: IMPROV & THEATRE GAMES	THEATRE: CLOWNING	THEATRE: IMPROV & THEATRE GAMES	THEATRE: CLOWNING	THEATRE: ACTING OPEN STUDIO
			VOLLEYBALL CLINIC	KICKBALL	VOLLEYBALL CLINIC	
		WATERFRONT: KAYAKS, CANOES & PADDLEBOARDS	WATERFRONT: KAYAKS, CANOES & PADDLEBOARDS	WATERFRONT: KAYAKS, CANOES & PADDLEBOARDS	WATERFRONT: KAYAKS, CANOES & PADDLEBOARDS	WATERFRONT: KAYAKS, CANOES & PADDLEBOARDS
		WATERFRONT: LAKE CRUISE		WATERFRONT: LAKE CRUISE		WATERFRONT: LAKE CRUISE
		WRITING	WRITING	WRITING	WRITING	WRITING

12:30-1:30

L U N C H

TIME	ACTIVITY	ARCHERY	ARCHERY	ARCHERY	ARCHERY	ARCHERY
		1:45-3:15	CRAFTS: 'CHIPS & BAGS	ART: WATERCOLORS	ART: DRAWN TOGETHER	ART: WATERCOLORS
	BEAUTY PARLOUR	BEAUTY PARLOUR	BEAUTY PARLOUR	BEAUTY PARLOUR		
	BOWLING	BOWLING	BOWLING	BOWLING	BOWLING	BOWLING
	CHAINMAILLE	CHAINMAILLE	CHAINMAILLE	CHAINMAILLE	CHAINMAILLE	CHAINMAILLE
	DANCE: COUNTRY TWO-STEP & LINE DANCE	DANCE: WALTZ, FOXTROT & TANGO	DANCE: SALSA, BACHATA & MERINGUE	DANCE: LINE DANCE EXTRAVAGANZA!	DANCE: EAST & WEST COAST SWING	DANCE: CHA-CHA & RHUMBA
	FOUR SQUARE	FLAG FOOTBALL	FOUR SQUARE	FITNESS: CHEST & TRICEPS	CAPTURE THE WIG	

TIME	MONDAY, AUGUST 12	TUESDAY, AUGUST 13	WEDNESDAY, AUGUST 14	THURSDAY, AUGUST 15	FRIDAY, AUGUST 16	SATURDAY, AUGUST 17
1:45-3:15	GOLF: CHIPPING RANGE	GOLF: CHIPPING RANGE	GOLF: CHIPPING RANGE	GOLF: CHIPPING RANGE	GOLF: CHIPPING RANGE	GOLF: CHIPPING RANGE
	HORSEBACK RIDING: INTRO. TO RIDING Sessions @ 1:45pm, 2:45pm & 3:45pm	HORSEBACK RIDING: TRAIL RIDE Sessions @ 1:45pm & 2:30pm		HORSEBACK RIDING: TRAIL RIDE Sessions @ 1:45pm & 2:30pm	HORSEBACK RIDING: TRAIL RIDE Sessions @ 1:45pm & 2:30pm	HORSEBACK RIDING: TRAIL RIDE Sessions @ 1:45pm & 2:30pm
	MEDITATION	MEDITATION	MEDITATION	MEDITATION	MEDITATION	MEDITATION
	PICKLEBALL	PICKLEBALL	PICKLEBALL	PICKLEBALL	PICKLEBALL	PICKLEBALL
	POOL & WATERSLIDES	POOL & WATERSLIDES	POOL & WATERSLIDES	POOL & WATERSLIDES	POOL & WATERSLIDES	POOL & WATERSLIDES
	POTTERY	POTTERY	POTTERY	POTTERY	POTTERY	POTTERY
	QUILTING: SQUARES & RECTANGLES	QUILTING: SQUARES & TRIANGLES	QUILTING: LOG CABIN BLOCKS	QUILTING: NINE-SQUARE BLOCKS	QUILTING: FINISHING & ASSEMBLY	QUILTING: FINISHING & ASSEMBLY
	ROPES COURSE: LOW ROPES	ROPES COURSE: LOW ROPES CAT WALL ROCK WALL	ROPES COURSE: PAMPER POLE TOWER WALL ZIP LINE	ROPES COURSE: BURMA BRIDGE DANGLE DUO GIANT SWING	ROPES COURSE: GIANT SWING PAMPER POLE ZIP LINE	ROPES COURSE: DANGLE DUO LILY PADS ZIP LINE
	SENSORY RESPITE	SENSORY RESPITE	SENSORY RESPITE	SENSORY RESPITE	SENSORY RESPITE	SENSORY RESPITE
	STAINED GLASS	STAINED GLASS	STAINED GLASS	STAINED GLASS	STAINED GLASS	STAINED GLASS
	TENNIS	TENNIS	TENNIS	TENNIS	TENNIS	TENNIS
	TIE-DYE	TIE-DYE	TIE-DYE		REVERSE TIE-DYE	
	WATERFRONT: AQUA PARK & SWIMMING	WATERFRONT: AQUA PARK & SWIMMING	WATERFRONT: AQUA PARK & SWIMMING	WATERFRONT: AQUA PARK & SWIMMING	WATERFRONT: AQUA PARK & SWIMMING	WATERFRONT: AQUA PARK & SWIMMING
	WATERSKIING: TUBING	WATERSKIING: BANANA BOATS	WATERSKIING: TUBING	WATERSKIING: BANANA BOATS	WATERSKIING: TUBING	WATERSKIING: BANANA BOATS
3:30-5:00	ARCHERY	ARCHERY	ARCHERY	ARCHERY	ARCHERY	ARCHERY
	CRAFTS: 'CHIPS & 'BAGS	ART: FIGURE DRAWING	ART: WATERCOLORS			ART: CLINT'S OPEN STUDIO
	BOWLING	BOWLING	BOWLING	BOWLING	BOWLING	BOWLING
	BROADWAY DANCE (Part 1 of 3)		BROADWAY DANCE (Part 2 of 3)		BROADWAY DANCE (Part 3 of 3)	
	CHAINMAILLE	CHAINMAILLE	CHAINMAILLE		CHAINMAILLE	CHAINMAILLE
	FITNESS: CHEST & TRICEPS	FITNESS: BACK & BICEPS	FITNESS: LEGS & SHOULDERS		FITNESS: TRICEPS, BACK & BICEPS	FITNESS: LEGS & SHOULDERS
	GOLF: CHIPPING RANGE	GOLF: CHIPPING RANGE	GOLF: CHIPPING RANGE	GOLF: CHIPPING RANGE	GOLF: CHIPPING RANGE	GOLF: CHIPPING RANGE
	HORSEBACK RIDING: INTRO. TO RIDING Sessions @ 1:45pm, 2:45pm & 3:45pm	HORSEBACK RIDING: TRAIL RIDE Sessions @ 3:30pm & 4:15pm			HORSEBACK RIDING: TRAIL RIDE Sessions @ 3:30pm & 4:15pm	HORSEBACK RIDING: TRAIL RIDE Sessions @ 3:30pm & 4:15pm
	PICKLEBALL	PICKLEBALL	PICKLEBALL	PICKLEBALL	PICKLEBALL	PICKLEBALL
	POOL & WATERSLIDES	POOL & WATERSLIDES	POOL & WATERSLIDES	POOL & WATERSLIDES	POOL & WATERSLIDES	POOL & WATERSLIDES
	POTTERY	POTTERY	POTTERY	POTTERY	POTTERY	
	QUILTING: SQUARES & RECTANGLES	QUILTING: SQUARES & TRIANGLES	QUILTING: LOG CABIN BLOCKS	QUILTING: OPEN STUDIO	QUILTING: FINISHING & ASSEMBLY	QUILTING: DEMOS & QUESTIONS
	ROPES COURSE: LOW ROPES	ROPES COURSE: LOW ROPES CAT WALL ROCK WALL	ROPES COURSE: PAMPER POLE TOWER WALL ZIP LINE		ROPES COURSE: GIANT SWING PAMPER POLE ZIP LINE	ROPES COURSE: DANGLE DUO LILY PADS ZIP LINE
	SENSORY RESPITE	SENSORY RESPITE	SENSORY RESPITE	SENSORY RESPITE	SENSORY RESPITE	SENSORY RESPITE
	STAINED GLASS	STAINED GLASS	STAINED GLASS		STAINED GLASS	
	TENNIS	TENNIS	TENNIS	TENNIS	TENNIS	TENNIS
	TIE-DYE	TIE-DYE	TIE-DYE		REVERSE TIE-DYE	
	WATERFRONT: AQUA PARK & SWIMMING	WATERFRONT: AQUA PARK & SWIMMING	WATERFRONT: AQUA PARK & SWIMMING		WATERFRONT: AQUA PARK & SWIMMING	WATERFRONT: AQUA PARK & SWIMMING
WATERSKIING: BANANA BOATS	WATERSKIING: TUBING	WATERSKIING: BANANA BOATS		WATERSKIING: BANANA BOATS	WATERSKIING: TUBING	

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5:00-6:00	POTTERY OPEN STUDIO	CRAFTS FAIR	CRAFTS FAIR	TEA DANCE (4:30pm – 9:00pm)	AFTERNOON ANTICS: RAINBOW WARRIORS	CLOSING CIRCLE
	SENSORY RESPITE	POTTERY OPEN STUDIO	POTTERY OPEN STUDIO		SENSORY RESPITE	
	VOLLEYBALL	SENSORY RESPITE	SENSORY RESPITE	SENSORY RESPITE	VOLLEYBALL	
		VOLLEYBALL	VOLLEYBALL	VOLLEYBALL	SENSORY RESPITE	
6:00-7:00	D I N N E R					
7:00-8:00	F R E E T I M E / R & R					
8:00-10:00	BARN DANCE	LAST CAMPER STANDING	LIP-SYNC THROWDOWN!	TEA DANCE (‘til 9:00pm)	TALENT/ NO TALENT SHOW	CLOSING CEREMONY (7:30pm – 9:30pm)
	SENSORY RESPITE	NIGHT LAKE CRUISE	SENSORY RESPITE	SENSORY RESPITE	SENSORY RESPITE	SENSORY RESPITE
10:30- 12:30	THE BEST TIME EVER BAR	THE BEST TIME EVER BAR	THE BEST TIME EVER BAR	PAJAMA PAR-TAY! (9:00pm – 12:00am)	THE BEST TIME EVER BAR	'CAMP' CAMP DANCE DANCE (9:30pm – 12:30am)
	BOWLING	BOWLING	BOWLING		BOWLING	
	CAMPFIRE	CLAY AFTER DARK! (Pottery Open Studio)	CAMPFIRE	BOWLING	CAMPFIRE	
	CLAY AFTER DARK! (Pottery Open Studio)	THE FRUIT FLY	NIGHT LAKE CRUISE	CAMPFIRE	NIGHT LAKE CRUISE	

activities descriptions

activity fair

& ice cream social

Get the skinny on the week's activities while enjoying cold, creamy treats with your fellow Campers! After a brief introduction of all the Activity Leaders, they'll make themselves available to answer all your questions. Short & sweet – and accompanied by buckets & buckets of ice cream with all your favorite toppings.

- Su 8:00-10:00pm in the Bill Cole Lodge
- Bring: Activities Schedule & Descriptions; a pen or pencil may be helpful if you want to make schedule notes about your week.

afternoon antics: rainbow warriors

with Michelle Rediker

This one's a wild & wet two-parter! First up is the Color Wars, a colorful free-for-all throwing colored powder at your fellow Campers. Then, we'll break out some Super Soakers (of sorts) for a fun new clean-up twist on this Camp favorite!

- F 5:00-6:00pm @ the Soccer Field
- Participate in one or both parts.

- Wear: grubby clothes and/or your swimsuit as we're gonna get (colorfully) dirty and wet
- Spectators also welcome.

archery

with Sarah Tomkins & Larize Nel Bullseye! One of our most-requested activities is finally a part of 'Camp' Camp programming! Historically used for hunting and combat, archery – the skill or sport of shooting arrows using a bow – is mainly a competitive or recreational activity in modern times. It's also long been a part of many summer camps' activity rosters, so why not tap into your inner-Katniss Everdeen and join Sarah and Larize as they review the basics of this classic sport?

- Daily 10:15am-12:15pm, 1:45-3:15pm & 3:30-5:00pm @ the Archery Range
- No experience necessary.
- Non-sequential; attend any or all session/s.
- All equipment provided.
- Sign-ups required as equipment is limited; sign-ups will convert to lottery if interest is high.
- Wear: closed-toed shoes
- Bring: bug spray

art: bookbinding

with Mandy Falco

Join Mandy as she shows you how to create an intimate journal with a soft wraparound cover. This book-binding technique – perfect for a beginner or experienced binder – uses a sewing pattern that creates a delicate design along the spine of your book. A Camp souvenir certain to impress all your friends back home!

- Tu & Th 10:15am-12:15pm @ the Arts Center
- No art experience necessary.
- Non-sequential; attend any or all session/s.
- All materials provided.
- Arrive early as space may be limited.
- Mandy's Open Studio on Saturday morning is for those who need to come by to finish projects.

art: drawn together

with Clint Attebery

Yes, drawing is a skill that can be learned! And as you're learning, you can learn to enjoy the process. In this class, Clint will cover a wide variety of drawing activities and techniques, and you'll draw by yourself and in pairs. Though not a figure drawing class, you will draw each other's faces for a portion of

time. Bring your curiosity and get ready to develop new drawing habits!

- W/F/Sa 1:45-3:15pm @ the Arts Center
- No art experience necessary.
- Non-sequential; attend any or all session/s.
- All materials provided.
- Clint's Open Studio on Saturday at 3:30pm is for those who need to come by to finish projects.

art: figure drawing

with Clint Attebery

Designed as an outlet of expression through drawing rather than a measure of how well you can draw, this figure drawing class will offer fun for the novice or advanced artist and will include instruction, a series of timed poses, and a little bit of gentle feedback. Explore the magic of expressing yourself through drawing the human figure.

- Tu 3:30-5:00pm & Th/Sa 10:15am-12:15pm @ the Gym's Dance Studio
- No art experience necessary.
- Non-sequential; attend any or all session/s.
- All materials provided.
- See Clint if you're interested in modeling!
- Clint's Open Studio on Saturday at 3:30pm is for those who need to come by to finish projects.

art: needle felting

with Mandy Falco

Let's get crafty and stab stuff! Needle felting is a great outlet for both 3D and 2D artists as well as doodlers and fidgeters. Basics of needle felting will be taught to those who are new to the craft with plenty of time and materials to work on your project and hang out with some pretty cool people!

- W/F 10:15am-12:15pm @ the Arts Center
- No art experience necessary.
- Non-sequential; attend any or all session/s.
- All materials provided.
- Arrive early as space may be limited.

- While some projects can be completed in one session, feel free to stop back in if you want some company while you finish up your project.
- Mandy's Open Studio on Saturday morning is for those who need to come by to finish projects.

art: watercolors

with Clint Attebery

Join Clint for this all-levels watercolor painting class, which will begin with an overview of materials and techniques. Weather permitting, we'll paint outside in nature just like the early watercolor painters did when these paints first became widely available in the late-nineteenth century.

- Tu/Th 1:45-3:15pm & W 3:30-5:00pm @ the Arts Center
- No art experience necessary.
- Non-sequential; attend any or all session/s.
- No limit on space, but arrive on time so you can be sure to follow us outside!
- All materials provided.
- Clint's Open Studio on Saturday at 3:30pm is for those who need to come by to finish projects.
- Bring: any photographs you'd like to paint from (optional)

barn dance

You just can't keep a good ho' down! Luckily, there's no need for that at this perennially popular annual event offering fun & laughter to klutzes & twinkle-toes alike and where you can greet old friends and make new ones. Award-winning New Hampshire-based caller Dudley Laufman (and friends!) will be leading this event, just as he has nearly every year since our very first year back in 1997, so you won't want to miss this long-time Camp tradition! Yee-haw!

- M 8:00-10:00pm in the Bill Cole Lodge
- Wear: cowboy shirt, hat, boots, jeans ...or come as you are

beauty parlour

with Story Elder & Luna Baker

Join Story (drag performer and teacher) & Luna (drag king) for some pointers and instruction on everything from frocks to makeup. They can even help you plan a fabulous outfit for the Tea Dance on Thursday. A perfect way to unleash that inner (Drag) King or Queen you've always known – or suspected – was inside you!

- M-Th 1:45-3:15pm @ The Beauty Barn
- No sign-up necessary, except on Thursday (Tea Dance day) when appointments are strongly recommended.
- Bring: your most fun and beautiful couture, or feel free to sign out anything from Camp's "collection"

best time ever bar

Close your Camp day with a glass of wine, a craft beer or soda, or other alcoholic or non-alcoholic libations at our late-night wine bar. Wind down with fellow Campers in the Bill Cole Lodge or out at the picnic tables – or even break out the backgammon board or a board game: it's all up to you.

A perfect way to end a perfect Camp day!

- M/T/W/F 10:30pm-12:30am in the Bill Cole Lodge
- Tickets for wine & beer are \$5 each (chargeable to your Cashless 'Camp' Camp account) and can be purchased in advance at the Camp Store or in the Bill Cole Lodge from 10:30-11:30pm.
- All alcoholic beverages purchased MUST remain in the Bill Cole Lodge or at the Council Circle or Picnic Tables. They are not permitted at activity areas or cabins.

bowling

with Linda Mayes & Becca Joest
What?! Bowling at summer camp...? You betcha! Camp Matoaka has an adorable nearly-brand-new (it just opened last summer) four-lane bowling alley, perfect for a fun time on the lanes with Camp friends old and new. If

you haven't bowled before – or if it's just been a while – Camp is the perfect place to finally give it a go!

- Daily 10:15am-12:15pm, 1:45-3:15pm, 3:30-5:00pm & M-F 10:30pm-12:30am @ the Gym's Lakeside Lanes
- During the 10:15 sessions with Linda, instruction will be available for those who haven't bowled in a while (or ever!) Lanes will also be available for those who don't need instruction.
- Linda or Becca will be present at all sessions to help organize teams, etc.; however, instruction will be informal/limited outside of the 10:15am sessions.
- No experience necessary.
- Non-sequential; attend any or all session/s.
- Shoes & balls are provided.
- No alcoholic beverages are permitted! When alcohol is being served, it must remain in the Bill Cole Lodge or at the Council Circle or Picnic Tables.
- Attend alone or with friends. Either way, you'll have a blast!
- Wear: socks (communal shoes will be available but may be limited – especially in larger sizes – but you can bowl in your socks if shoes in your size are unavailable)

broadway dance

with Ronnie Carney

Broadway Dance is back with a new number and choreographer! If you've ever dreamt about

exhibiting your signature moves in a big Broadway number, now you can, 'Camp' Camp style! Join Ronnie on Monday, Wednesday & Friday for this three-part class where you'll learn a choreographed dance to share to thunderous applause at Friday night's big Talent/No Talent Show.

- M/W/F 3:30-5:00pm @ the Gym's Dance Studio [Plan to attend all three class sessions.]
- The Act: A mix of songs from current Broadway hit & *Juliet*
- Sign-ups not required

- All movement/dance levels welcome.
- Wear: something you can move in; sneakers or dance shoes (no flip-flops, sandals, or bare feet)
- Bring: water bottle

'camp' camp dance dance

End your best-time-ever week at Camp on a high note at the last official 'Camp' Camp event of the season! DJ GB will be spinning an awesome selection of tunes sure to lure you to the dance floor as the cure for your end-of-Camp blues – and as the background for final chats, laughs & hugs with your Camp friends and our photographers' traditional end-of-the-week slideshow highlighting some of the best pictures from your week.

- Sa 9:30pm-12:30am @ the Bill Cole Lodge
- Wear: Whatever you like; glow accessories provided

campfires

Drop by the ol' campfire and share s'mores, camaraderie, jokes, ghost stories, and more!

- M/W/Th/F 10:30pm-Midnight @ the Council Circle

candlemaking

with Greg Clements

Join Greg, the owner of Nubble Light Candle in Kittery, Maine, for the return of one of last summer's most popular new activities where you'll make your own mason jar candle. You'll get to choose from a library of fragrances and colors to craft a soy wax candle that is uniquely you. Greg will review the basics of the materials, equipment, and techniques, all while allowing plenty of time for Q&A.

- Tu-Sa 10:15am-12:15pm @ Woodworking Studio in the back of the Arts Center
- Each period will include two sessions, one at 10:15pm and one at 11:15pm.
- Due to the small size of the studio, please remain outside if you're attending an 11:15am session until the previous session's Campers have

finished their project and Greg resets the studio.

- No experience necessary.
- All materials provided.
- Sign-ups required as each hour-long session is limited to 10 people each; sign-ups will convert to lottery if interest is high.
- Everyone will be limited to making one candle until everyone who wants to make one has had a chance to do so. (We'll make an announcement if/when Greg has room for repeat visitors.)
- Wear: something you won't mind getting stained on the off-chance spills occur

capture the wig

with Nick D'Andrea

Camp's own version of the summer camp classic Capture the Flag is back! Can you help your team capture the opposing team's wig and bring it safely back to your team's base without being tagged? Well, come out to the Soccer Field to find out! Don't worry: if it's been a while (if ever) since you played, Nick will explain all the rules of this outdoor classic, then you'll count off by twos to form your teams and... let the games begin!

- F 1:45-3:15pm @ the Soccer Field
- All skill-levels welcome.
- Wear: sneakers

chainmaille

with Amy Putnam

When you think of chainmaille, you probably think of knights on horses and jousting, right? We bet you didn't know that chainmaille makes lovely jewelry, too. Join Amy and discover the basics of this ancient art of connecting metal rings together to create lovely, interesting patterns. She'll introduce you to a few basic weaves that you can use to make your very own bracelet, earrings, or a nice little key tag. A Camp souvenir for the ages!

- Daily 1:45-3:15pm & 3:30-5:00pm @ the Arts Center Deck [No session during

- Thursday's 3:30pm period due to Tea Dance.]
- No art experience necessary.
- Non-sequential; attend any or all session/s.
- All materials provided.

choir with Brett Auttonberry

Make music and memories with your fellow Campers as you learn a wonderful, nostalgic four-part harmony to share during the Talent/No Talent Show. Too nervous to sing a solo? Join the Choir! That damned knee keeping you from tackling the Ropes Course? Join the Choir! Love singing in a choir? Join the Choir! Never sung in a choir before? Join the Choir! Like to find a new joyful way to bond with wonderful people? Join the Choir! Challenge yourself in a new way with this Camp activity!

- Tu/W/Th 10:15am-12:15pm @ the Theatre
- While attendance at all three class sessions is HIGHLY RECOMMENDED, you must commit to attending at least two of the sessions, with Thursday's session mandatory if you want to perform with the Choir in the Talent/No Talent Show.
- No singing or music experience necessary.
- Sheet music is provided with rehearsal tracks also available.
- Bring: water bottle; your inner (undiscovered?) songbird

closing circle

with Kerry Riffle, Betsy Orr & Michelle Rediker

The bookend event to Monday morning's Opening Circle. Join your fellow Campers as we gather casually at the Council Circle for this closing day tradition where we'll create a space for sharing thoughts on our week at 'Camp' Camp with fellow Campers. It's the perfect pre-dinner precursor to our post-dinner Closing Ceremony.

- Sa 5:00-6:00pm @ the Council Circle
- Sharing is not required. Come to share or come simply to listen.

- Details on our traditional **Closing Ceremony** (Sa 7:30-9:30pm @ The Gayborhood) will be shared in your Rainbow Groups on Friday and/or Saturday.

crafts: 'chips & 'bags

with Clint Atteberry & Mandy Falco
Didn't have time to complete your Name Chip and/or Buddy Bag during Registration? Have no fear... Clint and Mandy will be in the Arts Center on Monday afternoon with everything you need to express yourself on wood and paper in these timeless 'Camp' Camp traditions.

- M 1:45-3:15pm & 3:30-5:00pm @ the Arts Center

crafts fair

Head out to the Registration Tent for our annual Crafts Fair featuring handmade items of all sorts, all produced by your fellow Campers. (Hey, it'll be Christmas before you know it!)

- Tu/W 5:00-6:00pm @ the Registration Tent
- All purchases can be charged to your Cashless Camp account

cross stitch with Amy Putnam

Cross Stitch is a timeless craft that has evolved from the samplers and kitschy pieces of old to become subversive, transgressive, progressive, funny, and, sure, sometimes still kitschy! Amy will teach you all the steps needed to make your own stitch-y masterpieces with a new pattern for 2024. (It's easier than you might think.) How many other civilized and respectable activities encourage you to stab something hundreds of times just for fun?! C'mon... join in!

- W/F 10:15am-12:15pm @ the Arts Center Deck
- No art experience necessary.
- Non-sequential; attend any or all session/s.
- Sign-ups required for new stitchers requiring sit down instruction, which will take place 3 at a time in 20-minute intervals.

- If you have a project already started and want some company while you stitch, stop in!
- All materials provided.

dance with Nancy Theriault

Do you ever watch Dancing with the Stars and imagine yourself up there on stage? Or maybe you dream of twirling your true love around the kitchen in a beautiful waltz or just being less awkward on the dance floor at your cousin's wedding? Or did that new Beyoncé country song make you wish that you too knew how to line dance? Even if you're convinced you have two left feet, Nancy will show you otherwise. Nancy has had a passion for dance her whole life, and at age 50 decided to fulfill a lifelong dream of becoming a ballroom dancer by starting with beginner lessons. She loves to share her passion with new (and returning!) dancers, particularly in the queer community. We will cover a number of the most popular social couple dances throughout the week including waltz, cha-cha, two-step, salsa and swing – plus a few line dance sessions – all in a fun, non-intimidating environment. You can learn to lead, or follow, or both. Partner and line dancing are social, flirty, great exercise, good for your brain, and just plain fun!

- Daily 1:45-3:15pm @ the Gym's Dance Studio
- See the Activity Schedule for daily themes.
- Non-sequential; attend any session.
- No need to come with a partner. We'll be switching partners during class so you become comfortable dancing with different people. For Line Dance days, you'll not be dancing with a partner.
- Wednesday's session is Latin Day and will feature guest instructor, Leti Martinez. Nancy will show you frame & footwork, and Leti will bring the rhythm!

- Wear: clothes that are easy to move in, non-sticky shoes (no flip-flops or sandals)

fitness with Jon Deleon

Do you wish you knew your way around the gym, or knew a workout program that was successful? If you want to know more about workouts for certain body parts or refresh your workouts, Jon is your guy! Join him for this class with a personal training bent and a workout philosophy that is neither gender- nor experience-specific. With 45 years of personal training and competitive bodybuilding experience, Jon has built a philosophy that is comprehensive and easy to learn. Using both classroom and practical study you can leave Camp with a knowledge that can help you begin or continue a workout that is not only fun but also works! Best experienced in the three-day sequence of classes noted below, you'll gain a better knowledge of exercise – and have your own trainer help you through it! Sessions will include “nuggets of knowledge,” Jon’s daily hints & ideas that will help your workouts be more successful. Come check out the Camp gym and get moving!

- M/Tu/W/F/Sa 3:30-5:00pm & Th 1:45-3:15pm @ the Gym’s Fitness Studio
- See schedule for each day’s focus, each of which occurs twice.
- Non-sequential; attend any or all sessions.
- All equipment provided.
- No experience necessary; all fitness levels welcome.
- Wear: comfortable clothes; sneakers
- Bring: water bottle, small towel (if you have one); a notebook & pen is helpful

flag football

with Nick D’Andrea

Yup, it’s an official Camp activity once again this year! Join Nick for a “quick & dirty” football clinic, followed by a rousing game of America’s favorite sport – without all that butch tackling!

- Tu 1:45-3:15pm @ the Soccer Field
- All skill-levels welcome.
- Wear: sneakers
- Bring: your Rainbow Group Bandana

the fruit fly with Jazzhands

Building from a spontaneous event back in 2018 (and after some fun & successful virtual versions during ‘Camp’ Camp Plus), this evening of storytelling returns once more as an official ‘Camp’ Camp activity. When we tell our story, we actively shape our own reality and become known to others as we wish to be known. So come share (or share in) a story with your fellow Campers for one of the most surprising events at Camp. The stories you will hear – like any you may share during the event – may be happy or sad, cerebral or absurd, elegant or crass. But they’ll all be true and collectively make for a unique & memorable way to connect with your fellow Campers.

- Tu 10:30pm-12:30am @ the Council Circle
- A non-competitive event, the only rules are: a) any story you tell must be a true story that happened to you; b) must be no longer than 5 minutes long; and c) no notes are allowed. (This is not an evening of readings.)
- Sign-up required prior to lunch on Tuesday, as available performance slots will be limited.
- Active listeners are welcome; you do not need to tell a story to attend.
- Wear: bug spray (optional)

four square with Nick D’Andrea

After nearly two decades as a favorite pre-meal casual play/time-killer, this enduring playground classic is once more an official Camp activity! For the uninitiated, Four Square is an easy-to-learn game perfect for all skill levels, played with a rubber playground ball on a square court with four players, each occupying a quarter of the court. Can you eliminate

fellow players by bouncing the ball into their square in order to advance towards the top-ranked square? Or will you be eliminated if you can’t return the ball when a fellow player bounces the ball into your square? As eliminated players leave the court, those in line fill empty squares in hopes of advancing to the top square themselves. Fun, sometimes raucous gameplay perfect even for those who don’t consider themselves the athletic type!

- M/W 1:45-3:15pm @ the Basketball Courts
- All skill levels welcome.
- Wear: sneakers

golf: chipping range

with Mary-Beth McBrearty

If your golfing experience is limited to conquering your local putt-putt course, this activity is the perfect next step towards heading out to an actual golf course. Join Mary-Beth and spend some time working on your chip shot (a low-trajectory golf shot typically played very close to the green) and pitch shot (which carry farther and can be played from longer distances). These sessions are a perfect activity for both the experienced golfer looking to improve their skills and those who’ve never picked up a club. While you’re waiting your turn to show everyone your chipping and pitching, you can practice your putting on the adjacent five-hole putting green, too!

- Daily 10:15am-12:15pm, 1:45-3:15pm & 3:30-5:00pm @ the Chipping Range
- No experience necessary.
- Non-sequential; attend any or all session/s.
- All equipment provided.
- Wear: sneakers or closed-toed shoes

hiking: sanders hill trail

with Jon Knoll

Join avid hiker Jon Knoll (yes, that guy behind the video camera) for a lovely off-site hiking trip on Tuesday & Wednesday mornings. You’ll tackle nearby ██████████ Trail, a pleasant 2.9-mile hike with

moderate elevation and beautiful scenery, perfect for the beginning or inexperienced hiker. (And, if everyone agrees, you might even stop at [REDACTED])

- on the way back to Camp!
- Tu & W 10:15am-12:15pm
- Transportation to trailhead is provided and departs from outside the Gym.
- Sign-up required due to limited van space.
- Hike is appropriate for all skill-levels.
- Wear: hiking boots (with socks/liners)
- Bring: water bottle, small pack, sunscreen, hat, camera

horseback riding

with Sierra Adams & Tena Miller
You asked for it (for years), and you (finally) got it: 'Camp' Camp's got some horses, y'all! Learn the basics of English saddle riding while growing to appreciate these gentle and magnificent animals. If it's a rainy day, you can pop by the horse barn for some facetime with the horses and to assist with grooming and feeding.

- Tu/Th/F/Sa 10:15am-12:15pm, M/Tu/Th/F/Sa 1:45-3:15pm & M/T/F/Sa 3:30-5:00pm @ the Horse Barn
- Each period will include multiple sessions. See schedule for details – and be sure to note carefully which time/s you've signed up for.
- No experience necessary, but attendance at one of the hour-long Introduction to Riding sessions is required before participating in any of the afternoon Trail Rides. [See schedule for session times & details.]
- For the safety of both the animals and riders, the horses can only carry a maximum weight of 200 pounds.
- All equipment provided.
- Sign-ups required as only 3-4 horses are large enough to carry adults; sign-ups will convert to lottery if interest is high.
- Please do NOT enter the horse barn or corral if the gate

is closed and/or no instructor is present. No one should be around the horses without a horseback riding instructor present.

- Wear: long pants; closed-toed, hard-soled shoes (no flip-flops, crocs, etc.)

kickball with Nick D'Andrea

Bet you haven't played this one in years, have you? Everyone's playground favorite continues to gain popularity with adults throughout the U.S., including the past decade-plus here at 'Camp' Camp. If it's been a while since you've played, have no fear: Nick will review all the rules – and then the balls will fly! If you can kick, you can play. (In other words, everyone is welcome.)

- Th 10:15am-12:15pm @ Softball Diamond
- All skill-levels welcome.
- Wear: sneakers

last camper standing

Who knew "Licking for It" and a little "Hanky Panky" could bring not only satisfaction, but prizes and laughter, too? Join your fellow Campers for this 10th anniversary revival of one of Camp's most talked-about evening events! Show off your skills and swagger in a series of short, silly games during which everyone is guaranteed a hilariously good time. With lots of ways to join in the fun, you'll definitely want to be there for all the laughter and excitement when just one Camper emerges the eventual victor... why, it just might be you!

- Tu 8:00-10:00pm in the Bill Cole Lodge
- Participation in the games is optional, but highly recommended.
- Grand Prize is a gift certificate good for half-off of 'Camp' Camp 2025 Registration Fees.
- Wear: whatever you think is fitting for a night of silly games and laughter, or come as you are

lip-sync throwdown!

Join your fellow Campers for the return of this super-popular evening inspired by Jimmy Fallon's celebrity lip-sync battles on The Tonight Show – with a little RuPaul's Drag Race thrown in for good measure. Show off your wicked lip-sync skills on stage (or just watch as your fellow Campers do so) before a panel of distinguished Camp judges that will be choosing five finalists who will be lip-syncing for their lives after dinner at Tea Dance on Thursday. The winner wins a ton of renown, glamour, and a fun prize package!

- W 8:00-10:00pm in the Theatre
- Sign-up required by lunch on Tuesday, as available performance slots will be limited.
- All selections must be 3-5 minutes (or less) in length. [Please note that depending on the number of interested acts/participants, each lip-sync may be limited to the first 2-3 minutes of their selection due to time constraints.]
- Check in with Camp DJ GB by Wednesday morning to make sure he has or can acquire the exact version of the track you'd like to lip-sync.
- No costumes allowed! It's just you and your lip-sync skills, baby! [A few basic costume props (wig, shoes, boa, etc.) on loan from the Beauty Barn will be available right before you go on-stage should you wish to use one piece.]
- Wear: Come as you are, ready to throw it down or just be entertained!

meditation with Kurt Myers

Join Kurt for a series of meditation classes focused on mantra meditation and yoga nidra practices. Mantra meditation is a seated meditation which involves repeating a sacred sound, word, or phrase, while yoga nidra is practiced while lying down and follows a guided meditation by the teacher. Both forms of meditation

will be practiced during each session and are perfect for those with existing meditation practices as well as those new to meditation. A perfect way to gift yourself with a long-lasting Camp souvenir that can focus the mind and promote relaxation once you're no longer spending your days at 'Camp' Camp!

- Daily 1:45-3:15pm @ the Gym's Yoga Studio
- No experience necessary.
- All skill-levels welcome.
- Non-sequential; attend any or all session/s.
- Mats and props are provided or bring your own.
- Wear: comfortable, non-binding clothing.

opening circle & camper games

with Kerry Riffle, Betsy Orr, Jon Marsh & Michelle Rediker
Join the Camp Directors for our traditional Opening Circle where you'll officially meet all of your fellow Campers. Then, we'll all break the ice when Associate Director Michelle Rediker and Jon Marsh, Team Leader for our Rainbow Group Leaders, leads the entire Camp through a series of fun "getting to know you" activities – fun for participants and observers alike – with a cast of hundreds of soon-to-be friends!

- M 10:15am-Noon @ the Soccer Field
- Wear: sunscreen, sunglasses, cap or sun visor (all suggested)
- The 2024 Group Photo will be taken at approximately 12:15pm, immediately following Camper Games. Please wear your gorgeous 2024 Camp t-shirt for the Group Photo!

pajama par-tay!

The Bill Cole Lodge will be buzzing with a whole selection of "sleepover"-inspired activities, promising fun for every taste: cards & board games, facials, fingernail painting, tarot card readings, and more. With Underwear Twister and multiple

games of Cards Against Humanity making appearances in the past, this PJ party may not be quite as innocent as those from your younger days – which is precisely why you probably shouldn't miss it. Then again, it could be even more innocent. You'll just have to come by to find out!

- Th 9:00pm-Midnight @ the Bill Cole Lodge
- Wear: your footie jammies, favorite PJs, or whatever is comfortable
- Games of all sorts are provided.
- If you have a game or small group activity to share, bring it along!

pickleball

with Scott Tyson & JoAnn Pesce
This paddle sport is becoming more & more popular across the country and has been a Camp favorite the past five seasons. Combining elements of badminton, tennis, and table tennis, and played with either 2 or 4 players per court, the rules are simple and the game is easy for beginners to learn. But – beware! – play can be addictive and quickly develop into fast-paced competitive games for more advanced players who catch on quickly.

- Daily 10:15am-12:15pm, 1:45-3:15pm & 3:30-5:00pm @ the Pickleball Courts
- The 10:15am session with both Scott and JoAnn will be geared towards beginners and will include instruction on skills, scoring, and game play, but all are welcome.
- Afternoon sessions are focused on game play with minimal instruction. If you haven't played before, it is highly recommended you attend a morning session first.
- All ages & skill-levels welcome.
- All equipment provided. (Basic paddles are available, but bring your own if you can.)
- Wear: sneakers, sunglasses and/or a hat may be helpful

pool & waterslides

with Vickers, Bradley Williamson & Liz Burnworth
Waterslides? At Camp?! You betcha! Come on out to the pool in the afternoons and lounge around the 4.5' pool – or take a fun ride down one of three 200' waterslides surrounded by lush greenery. The pool is also available for swimming laps – just be aware there'll be some screaming, excited fellow Campers getting dumped regularly into the pool as they finish their waterslide runs!

- Daily 1:45-3:15pm & 3:30-5:00pm [Not open during Thursday's 3:30pm period due to Tea Dance.]
- Wear: swimsuit

pottery with Evan Krueger, Collette Bailey & Emma Massaglia
Get muddy as you explore your creative side! Join Evan, Collette & Emma in the Pottery studio at the Arts Center for a fun and relaxing learning experience creating one-of-a-kind ceramic pottery you make from scratch. Our instructors walk you through the process step by step with lots of design tricks to get great results! No experience or artistic talent needed. What could be better?

- Daily 10:15am-12:15pm and 1:45-3:15pm & 3:30-5:00pm @ the Pottery Room in the Arts Center [No session on Saturday at 3:30pm.]
- Additional Open Studio Time: M/Tu/W 5:00-6:00pm
- CLAY AFTER DARK! Late Night Open Studio: M/Tu 10:30pm-12:30am
- Instruction is available on a limited basis during open studio times noted above. Open studios are intended to give you time to finish projects outside of class time.
- Sign-up required for wheel throwing, as space/equipment is limited. Hand-builders are welcome to walk-in.
- If you wish to complete a project and take it home, plan to come early in the week and return a few times, since there are several steps in the

forming, glazing, and firing process.

- No experience necessary.
- All materials provided.
- Please pull back long hair.
- Jewelry should not be worn, as it is typically a hindrance to full clay creativity!
- Wear: grubby clothes (you will get muddy and the clay can stain)

quilting

with Lisa Durrell & Topsy Sallows
Longtime Staff member Lisa D. is leaving marshes & cellar holes behind this summer to bring color and quilting lessons to our new Sewing Room! After reviewing basic quilting skills and equipment, Lisa (assisted by new staff member Topsy) will show you how to work with squares and rectangles, moving on to half-square triangles and other traditional block patterns as the week progresses. This is a unique opportunity to learn this classic skill from a knowledgeable and experienced quilter (and longtime educator) with a passion for this beautiful craft. Even if you only attend one class, you should be able to return home with a potholder or mug-rug as a unique Camp souvenir – and maybe even well on your way to creating larger pieces.

- Daily 1:45-3:15pm & 3:30-5:00pm @ the Sewing Room at the Arts Center
- Machine sewing experience is required for any/all sessions. Those with no machine experience should attend one of Topsy's morning Introduction to Sewing sessions first.
- Classes are non-sequential (especially for those experienced with machine sewing), though it's highly recommended that those with minimal machine sewing experience begin with Monday's or Tuesday's sessions.
- See schedule for daily topics.
- Friday & Saturday sessions are only for those who have

already started projects. No new projects can be started after Thursday.

- Sign-ups required, as space is limited to six people due to equipment limitations.
- While a basic project (potholder or mug-rug) should be able to be completed in one session, you should plan on more than one session if you hope to complete a more detailed project.
- Wear: closed-toed shoes

ropes course

& climbing walls

with Lolo Kayana, Oli Kungisa, Soph Fletcher & Ella Magnuson
Challenge yourself mentally and physically on [REDACTED]'s amazing ropes course or climbing walls! Different from our past course, this new (to us) course offers a number of different standalone elements for to challenge everyone, whether you're an experienced climber or not. With 9 different elements to conquer – including a standalone zip-line – a visit to the course will be an adrenaline pumping experience that will give you an exhilarating sense of accomplishment.

- Daily 10:15am-12:15pm, 1:45-3:15pm & 3:30-5:00pm @ the Ropes Course & Climbing Walls [Not open during Thursday's 3:30pm period due to Tea Dance.]
- Attending a Low Ropes session on Monday or Tuesday is highly recommended, but not required.
- See schedule for each day's available elements. (Elements will get more difficult as the week goes on.)
- Space/equipment is limited, so come early.
- Wear: comfortable clothes you can be athletic/flexible in; sneakers (no flip-flops, sandals, or bare feet)
- Bring: gloves, if you have them

sensory respite

Feeling a little overwhelmed by all the sights and sounds of Camp? Why not relax in our sensory friendly space, the Zen Den? Designed with neurodivergent campers specifically in mind, but open to everyone, this room is for separating from the wonderful, but sometimes overstimulating, environment of Camp. Read a book, color (non-scented supplies), do a puzzle, engage with stim toys, or just sit and relax in this gently lit, low noise space.

- Daily 10:15am-10:00pm @ the Zen Den
- Please respect the needs of neurodivergent Campers and others needing a moment of calm by following the posted rules in the Zen Den. These include: no talking or loud activities, no use of overhead lighting, and no eating or gum chewing.
- Headphones are encouraged.

sewing:

introduction to sewing

with Topsy Sallows
Venture on over to the Sewing Room at the Arts Center and let Topsy show you all the basics of machine sewing! She'll teach you all the basic skills you need to be on your way to create a simple project like a pillow, pillowcase, or scrunchie that you can show off to all your friends back home.

- Daily 10:15am-12:15pm @ the Arts Center Sewing Room
- No experience necessary.
- Non-sequential; attend any or all session/s.
- All equipment and materials provided.
- Sign-ups required as equipment is limited; sign-ups will convert to lottery if interest is high.
- While most projects can be completed in one class session, Topsy will host an Open Studio on Saturday morning for those who need to finish projects.
- Wear: closed-toed shoes (no flip-flops or sandals)

spin with Jon Deleon

Join Jon at the open air spin pavilion for a new spin on Spin Classes! Spin offers a great opportunity to raise your heart rate on a stationary bike in a fun and unique way. With different themes every day – from Studio 54 to travels to differing lands – Jon’s class is geared towards all ages and experience levels. A great way to up your exercise game while at Camp – and you’ll still have time to throw a pot or tie-dye a shirt after. Plus, it’s as easy as riding a bike!

- Daily 10:15am-12:15pm @ the Spin Pavilion
- No experience necessary.
- Non-sequential; attend any or all session/s.
- All equipment provided.
- Wear: exercise clothing, sneakers (no flip-flops or sandals)
- Bring: water bottle and a towel

stained glass

with Cam Dunn, Andy Newlon & Jan Mock
Choose a design or draw your own, then learn the techniques used to cut and solder colored glass to make a sun-catching gift for someone to put in a favorite window. Or, of course, if you’re doing all the work, why not make one for your own window as a lasting souvenir of your week at Camp? One of ‘Camp’ Camp’s most popular activities!

- Daily 10:15am-12:15pm, 1:45-3:15pm & 3:30-5:00pm @ the Arts Center [No sessions Th & Sa 3:30-5:00 pm]
- Please note that everyone will initially be limited to only creating one small to modest piece this summer, at least until everyone who would like to make something has had a chance to do so.
- Closed-toe shoes required!
- No experience necessary.
- Non-sequential; attend any or all session/s.
- All equipment provided.
- Sign-ups required as sessions are limited to 10 Campers each; sign-ups will convert to lottery if interest is high.

- Plan on more than one session if you hope to complete a project.
- All projects should be started by Friday morning in order to guarantee completion.
- All materials provided.
- Wear: closed-toe shoes

talent/no talent show

“Sing out, Louise!” Get your best performance together (be it musical, dramatic, or any other amazing or silly talent/non-talent) and prepare to dazzle your fellow Campers with your spectacular skills in this ever-popular, traditional – yet distinctly ‘Camp’ Camp – event.

- Showtime: F 8:00-10:00pm @ the Theatre
- Sign-up required prior to dinner on Tuesday, as available performance slots will be limited.
- All acts must be no more than 5 minutes in length. This will be strictly enforced.
- Additionally, a lottery may be necessary to choose acts to be featured in the show if interest is high in order to keep the show to under 20 acts so it doesn’t run until Saturday afternoon!
- No repeat acts from previous years from returning Campers will be permitted.
- All participants must sign up for at least one rehearsal (to verify act length and to determine the show’s running order) with Kim Sergent, the show’s producer/director, by dinner on Wednesday.
- Any participants using recorded tracks must provide them in an *already edited format* (along with a back-up copy of the track) at their first meeting/rehearsal with Kim and for the sound crew prior to the start of the show.
- Additional rehearsal times are available via sign up. Rehearsals will be with David Meiri, Camp’s Pianist/Musical Director, for those needing accompaniment and with Kim for those needing direction.

- Kim will also be in need of volunteers willing to be stage hands, too. Please see her or her Assistant Sean Coady for more details.
- Talent not required (thus the “No Talent” part), but a willingness to entertain and have fun a MUST!

tea dance

Grab the spotlight – and the dance floor – at this fiesta of energy & excess all fueled by tunes spun by Camp’s long-time DJ GB! The experience begins with a parade of buxom & bearded beauties and costumed characters where you can pose for the paparazzi or strut your stuff on the red carpet. Then, let your boogie fever overtake you and, as Lady Gaga recommended once upon a time, just dance! We’ll take a break for dinner – then dance some more ‘til y’all break a (high) heel!

- Th 4:30-9:00pm @ the Tennis Courts & Pavilion
- Wear: Honey, if there was ever a time to be daring, this is it! [Get help putting your couture together at the Beauty Barn (by appointment). See separate listing for Beauty Parlour.] ...but shorts/jeans & a t-shirt are fabulous, too!
- Bring: your dancin’ shoes

tennis with Logan Brown

Join Logan as he helps to “get you in the game!” Whether you are a beginner or an expert, attend any morning session at the tennis courts and get some exercise while learning or brushing up on the basics like forehands, backhands, and volleys along with fun drills you can do with your friends when you are back home — and even how to keep score. (See? Now you can watch tennis on TV and understand what is going on!) Or join Logan in the afternoons when the focus will be less on instruction and more on game play. Didn’t bring a racquet or tennis balls? No problem... we have plenty!

- Daily 10:15am-12:15pm, 1:45-3:15pm & 3:30-5:00pm @ the Tennis Courts
- Wear: sneakers
- Equipment available.

theatre: acting open studio
with Matt Cogswell

Have you been curious about performing solo? Then this is the session for you! In this class, Matt will guide you through performing monologues and/or creating your own solo show where you are the only star! Bring your questions or share stories of your performance experience (or interest) with other Campers. A perfect introduction to performing for the beginning actor, but suitable for all levels of performing experience.

- Sa 10:15am-12:15pm @ the Gym's Yoga Studio
- No theatre or performing experience necessary.
- Non-sequential; attend any/all theatre classes.
- Come early as class size is limited.
- Wear: loose/comfortable clothing and closed-toed shoes
- Bring: a monologue (written by you or someone less fabulous) to perform; water

theatre: clowning

with Matt Cogswell

Join Matt as he coaches you through the joyful (not scary!) essence of a clown and their natural physical comedy. Through non-verbal playing and working both solo and with a partner, you'll learn some basic elements of clowning, including exploring curiosity, sticking with a problem, and connecting to a scene partner or audience member, all without saying a word!

- W/F 10:15am-12:15pm @ the Gym's Yoga Studio
- No theatre or performing experience necessary.
- All levels of physicality are welcome.
- Non-sequential; attend any/all theatre classes.
- Come early as class size is limited.

- Wear: comfortable clothing and closed-toed shoes; "clown wear" (i.e., a red nose, eccentric apparel – anything Campy!) is encouraged but not required.
- Bring: water

theatre:

improv & theater games

with Matt Cogswell

Join Matt for this fun class where you'll learn to create original characters with a scene partner through improvisation exercises, movement, and voice techniques. A fun, no-pressure class designed for all levels of performing experience, but an especially useful class for those dipping their toes into performing on stage for the first time. In other words, all you brave newbies are welcome!

- Tu/Th 10:15am- 12:15pm @ the Gym's Yoga Studio
- No theatre or performing experience necessary.
- Non-sequential; attend any/all theatre classes.
- Come early as class size is limited.
- Wear: loose/comfortable clothing and closed-toed shoes
- Bring: water

tie-dye / reverse tie-dye

with Tiffany Pawlyk

Your imagination is your only limit to a colorful & creative Camp souvenir in this traditional summer camp craft. Under Tiffany's expert guidance, you'll learn how to show off your artistic skills by turning a white or light-colored 100% cotton item into a colorful, one-of-a-kind work of art... And this year Tiffany will again be offering a few sessions of Reverse Tie-Dye at the end of the week, where you use similar tying techniques and bleach on darker-colored items to create a whole other kind of groovy garment!

- Tie-Dye: M/Tu/W 1:45-3:15pm & 3:30-5:00pm @ the Tie-Dye Tent behind the Arts Center
- Reverse Tie-Dye: F 1:45-3:15pm & 3:30-5:00pm
- Bring: 100% cotton white or light-colored t-shirts,

pillowcases, underwear, boxer shorts, etc. to dye for Tie-Dye or similar darker colored 100% cotton items to Reverse Tie-Dye

- Please note that everyone will initially be limited to working on 1-2 t-shirt-sized items until everyone who would like to tie-dye something has had a chance to do so.
- A limited supply of white t-shirts for tie-dyeing will be available for purchase from Tiffany in the Art Barn, chargeable to your Cashless 'Camp' Camp account.
- Wear: grubby clothes (dyes can splash, y'know...!)

volleyball with Nick D'Andrea

Brush up or learn new skills in a morning Volleyball Clinic, then put them to use during one of the popular pick-up games before dinner... "Spike it, Peaches!"

- Clinics: W/F 10:15am-12:15pm @ the Volleyball Court
- Games: M/Tu/W/F 5:00-6:00pm @ the Volleyball Court
- All skill-levels welcome.

waterfront:

aqua park & swimming

with Mason Davis, Ben Knowles, Chloe Marshall, Emma Norman, Gui Braconi, Jade Hewitt-Boorman, Larize Nel, Leah Behm & Nat Knowles

Free time for swimming or frolicking on [redacted]'s awesome Aqua Park featuring inflated slides, trampolines, and more! Or just bring a novel, relax on the sand beach or docks, and chat with a new friend. Who knows what kind of silly antics there'll be to watch at this fun new addition to Camp's waterfront programming?!

- Daily 1:45-5:00pm [Not open during Thursday's 3:30pm period due to Tea Dance.]
- See additional listings for other waterfront activities.
- Non-sequential; attend any or all session(s).
- All equipment provided.
- Flips off the Aqua Park elements are strictly forbidden

and could result in revocation of waterfront privileges.

- All waterfront areas are closed outside of the times noted in their various activity descriptions. Do not enter any of the beaches/docks unless a lifeguard is on duty!
- Wear: swimsuit; personal flotation device (provided) are REQUIRED when on the Aqua Park; optional - hat/sunscreen, beach shoes

waterfront: kayaks, canoes & paddleboards

with Gui Braconi, Joe Nieuwendijk, Leah Behm & Oscar Trespalacios
Enjoy some time out on the lake each morning with a variety of small watercraft. You can learn or relearn basic paddling strokes and skills to balance and direct a canoe, kayak, or paddleboard – or, if you're an experienced paddler, you can sign out your preferred method of water travel and enjoy the sun, air, and water. A beautiful and relaxing way to start your day at Camp!

- Daily 10:15am-12:15pm @ the Paddle Beach
- See additional listings for other waterfront activities.
- Campers needing more than very basic instruction on paddling skills should prioritize attending Tuesday's or Wednesday's session when [REDACTED] will be offering instruction until 11:15am.
- All small watercraft *must* be signed out from one of the lifeguards on duty. Taking out any watercraft without doing so may result in revocation of small watercraft privileges.
- Two Hobie Bravos and one Hobie Wave are also available for experienced **sailboaters** to sign out; however, no sailing instruction will be available. Sailboats will be limited to experienced sailboaters only.
- Equipment is limited (ten kayaks, six tandem kayaks, four canoes, and sixteen paddleboards), so come early

– especially those uninterested in paddleboarding.

- All waterfront areas are closed outside of the times noted in their various activity descriptions. Do not enter any of the beaches/docks unless a lifeguard is on duty!
- Wear: personal flotation device (provided) is REQUIRED; swimsuit; optional - hat/sunscreen, beach shoes

waterfront: lake cruise

with Ben Knowles, Ella Magnuson, Emma Norman & Mason Davis
Spend your morning exploring the waters around camp with your Camp friends on a chill, relaxing lake cruise. After boarding one of [REDACTED]'s pontoon boats, you'll enjoy a beautiful, tranquil start to another fun & fabulous day at 'Camp' Camp!

- Tu/Th/Sa 10:15am-12:00pm @ the Fishing Dock
- See additional listings for other waterfront activities.
- Please be prompt or you may lose your spot as these cruises are often wait-listed!
- Sign-up required, as space/equipment is limited.
- See separate listing for Night Lake Cruises.
- All waterfront areas are closed outside of the times noted in their various activity descriptions. Do not enter any of the beaches/docks unless a lifeguard is on duty!
- Wear: personal flotation device (provided) is REQUIRED; swimsuit; optional: warm jacket or hoodie (if it's chilly)

waterfront: morning swim

with Vickers, Mason Davis, Chloe Marshall, Liz Burnworth & Nat Knowles
Join hardy fellow Campers for a ¾-mile round-trip swim across the lake (and back!) as the mist is rising off the water. C'mon – you can do it!

- Daily 7:00-8:30 am @ the Aqua Park Beach
- See additional listings for other waterfront activities.

- Safety boaters also welcome/ needed each morning to paddle across the lake and back with the swimmers. See Vickers or Mason if you are interested.
- All waterfront areas are closed outside of the times noted in their various activity descriptions. Do not enter any of the beaches/docks unless a lifeguard is on duty!
- Wear: swimsuit; swim caps (provided) are REQUIRED; optional: goggles, nose or ear plugs, wetsuit, etc.
- Subject to cancellation due to weather.

waterfront:

night lake cruise

with Ben Knowles, Ella Magnuson, Emma Norman & Mason Davis
Experience the gorgeous waters around camp as never before during an after-dark cruise with your Camp friends. After boarding one of the camp's pontoon boats, you'll enjoy a beautiful, tranquil end to another fun & fabulous day at 'Camp' Camp!

- Tu 8:00-9:30pm and W/F 10:30pm-Midnight @ the Fishing Dock
- See additional listings for other waterfront activities.
- Please be prompt or you may lose your spot as these cruises are often wait-listed!
- Sign-up required, as space/equipment is limited.
- See separate listing for morning Lake Cruises.
- All waterfront areas are closed outside of the times noted in their various activity descriptions. Do not enter any of the beaches/docks unless a lifeguard is on duty!
- Wear: personal flotation device and glow necklaces (provided) are REQUIRED; optional: warm jacket or hoodie (if it's cold)

waterskiing:

tubing & banana boats

with Oscar Trespalacios
& Joe Nieuwendijk

Join your fellow Campers for a rollicking ride out on the lake on one of our four-person tubes or banana boats. Accessible to more folks than getting up on waterskis, this fun new addition to Camp's activities schedule is sure to be a welcome interruption to any quiet afternoon in which you might find yourself during the week. (Is there such a thing at 'Camp' Camp...?!)

- Daily 1:45-3:15pm & 3:30-5:00pm @ the Waterski Dock [Not open during Thursday's 3:30pm period due to Tea Dance.]
- See additional listings for other waterfront activities.
- See schedule for details on each period's offering.
- Non-sequential; attend any or all session(s).
- Must be able to swim; otherwise, no experience necessary.
- All equipment provided.
- Space is limited by equipment, so come early.
- All waterfront areas are closed outside of the times noted in their various activity descriptions. Do not enter any of the beaches/docks unless a lifeguard is on duty!
- Wear: personal flotation device (provided) is REQUIRED; bathing suit; sunscreen (recommended)

writing with H.L. Sudler

Have you ever wanted to be a writer? Don't think you can do it? This is your chance! Drop by for a day or two, or spend the whole week with published author H.L. Sudler, and learn how to get thoughts and words onto paper. After a short opening period discussing writers and the craft of writing, H.L. will offer time for writing prompts and other creative inspirations with time to write and share then your work (if you wish) in a positive, reaffirming setting...or even develop a piece you could perform at the Talent/No Talent

show! Give it a try...you may be surprised at what you can do.

- Daily 10:15am-12:15pm @ the Registration Tent
- Paper and pens/pencils will be provided, but feel free to bring your own.
- Having an alarm with you on your phone or watch will be helpful if you want to move to nearby locations to write during writing periods.
- Bring: your willingness to try and an open mind.

yoga with Kurt Myers

In this early morning class, Kurt will guide Campers through vinyasa yoga, practiced using a yoga mat or a chair, for those who prefer that option. Practiced linking conscious breath with fluid movement, vinyasa yoga links together several yoga postures (asanas) in a sequence which flows together in what some describe as a 'dance'. Benefits of yoga include improved strength, balance flexibility, energy, mood, heart health, sleep quality, and stress management, as well as reduced arthritis symptoms – and who can't use some of all that?!

- Daily 7:00-8:30am @ the Gym's Yoga Studio
- No experience necessary.
- All skill-levels welcome.
- Non-sequential; attend any or all session/s.
- Mats, chairs, and props are provided or bring your own.
- Wear: clothes that allow for freedom of movement.

activities

requiring sign-ups

- Archery
- Beauty Parlour
(only needed for Thursday appointments for Tea Dance)
- Candlemaking
- Cross Stitch
(only for new stitchers requiring instruction)
- The Fruit Fly
(only for storyteller participants)
- Hiking Trip
- Horseback Riding
- Lip -Sync Throwdown!
(only for performers)
- Pottery
(only for wheelthrowing)
- Quilting
- Sewing: Introduction to Sewing
- Stained Glass
- Talent/No Talent Show
(only for performers)
- Waterfront: Lake Cruises
- Waterfront: Night Lake Cruises