

Packing List



“What Am I Gonna Wear?!?” ... Don't worry – it's only Camp! Pack so that you can go 7 days without doing laundry. There are no laundry facilities at Camp. All dress is casual. Maine weather is unpredictable and temperatures can fluctuate greatly in a 24 hour period, especially once the sun goes down. So, dressing in layers is most practical. We recommend the following:

- 7 pairs shorts
- 2-3 pairs jeans or long pants
- Socks
- Athletic shoes
- Sandals and/or flip-flops
- 7 t-shirts or pullover shirts (short- or long-sleeved)
- 1-2 sweaters or sweatshirts
- 1 light windbreaker
- 7 pairs underwear
- 2 swimsuits
- 3 bath towels
- 1 beach towel
- 1 pair boat shoes, water sandals (with closed toe)
- 1 jacket or raincoat
- 1 pair sweatpants
- 1 pair flannel pj/lounge pants
- Gloves (for Ropes Course)
- Hat or sun visor
- Sunglasses
- Lightweight hiking boots (if you plan to hike)
- Personal hygiene items & medicines
- Your favorite pillow
- 2 single sheets
- 1 pillowcase
- Blanket or sleeping bag*
- Extra blanket (Some nights can get a bit cool.)
- Flashlight
- Athletic gear (softball glove, etc.)
- Phone card (Cell phones don't work in the Maine woods!)
- Insect repellent
- Sunscreen
- Travel alarm clock
- Plastic bag (for wet clothes)

Don't forget your plane ticket, camera, notepad/journal & a pen, and a novel. If you think you might want to do Pottery or Crafts, bring a set of grubby clothes – you'll get dirty. Some Campers like to bring fun/funky/flashy outfits and costumes for the Tea Dance, but if that's not your thing... well, shorts and a t-shirt are perfect dancing clothes! And if you have room to squeeze in any old magazines you have, we can always use them for craft projects.

Please do NOT bring portable radios, iPods, large amounts of cash, valuable watches, or jewelry. Additionally, do NOT bring alcohol, non-prescription drugs, or weapons to Camp. Alcohol will be provided at 3-4 of the evening social events during the week. For insurance/liability purposes and out of respect for your fellow Campers who may be in recovery, please respect this long-standing Camp policy.

* We do have a limited number of sleeping bags and pillows available for those traveling by plane.